

## Health implications of not having Rodent Control

## JANUARY 5, 2021

The well-being of the community and the population is necessary. For this purpose, the use of rodent control is a must. This is high time to realize that too much or uncontrolled rodents can have a negative or adverse impact on our lives. This not only affects the food products but also affects the storage process of food products. Food production is the main source of living. If this process gets disturbed, then the health implications are sure to occur. This is the story of almost every house where the people are facing the same situation.

It is no wonder that the rodents are nefarious in nature. They carry a lot of pathogens and do contaminate the surface they pass or food items they touch. Keeping your food safe is not an easy task, and almost everyone does measures to keep one's food safe because the threat of food to get contaminated is always on one's head. As a safety measure, we cover food and preserve it in the fridge.

Most of the population who do not clean the shelf before making food also not clean the utensils they use. The fact that needs consideration is maybe a mouse went from there and contaminated the surface. When you do not wash hands, there are the same chances of your food getting the pathogens. This is an example from our everyday life that predicts how careless this move is.

Experts say that the most rodent sights they have experienced are in the kitchen or around the pipes. The horrifying fact is we live from both of these sources. The kitchen is the most used area, and the pipes are the source of water. I have experienced such trauma. I used to dine at my friend's house, and the same type of issue happened at his house. We found the mice infestation that was the reason for the systematic blockage issue. Mouse droppings and waste were underneath the kitchen units, and it led to the area around the pipes.

We planned for mouse proofing, and I explained the steps it involves. I went for the cutlery drawer and pulled it, and we saw an opening behind it. After taking out the drawer, we saw almost 20 droppings there. They never saw these openings and never realized that this could happen. They used to use that cutlery without even realizing the threat behind it.

Let's focus on the other side of the infection of the rodents that is the effect on the physical health. The most common problem we can face is the stomach bug. Stomach bug happens in different degrees of aggravation. Cross-contamination and direct contamination include urine or the droppings are caused by the release of the pathogen. The more you ingest the load, the more you are prone to get germs or diseases from pathogens.

There is no acute illness you can get from the continuous exposure of pathogens, but it can weaken you, or even your immune system. There is a connection between our gut flora that can eventually lead to depression. Chronic illness from the exposure can lead to mood swings. If you do not control the pest on time, you can have stress issues. So, if you are facing these types of issues, maybe this is the reason for your ignorance of pests.

I have experienced that most people suffer from the phobia of pests or mice. Most people get extremely scared and affected if you tell them that there can be a mouse in a room. The thought of being in the same room in the mouse irritates them. I have gone through a case where people emptied all their food drawers and cupboards and did not go to the kitchen for days. Most people call for help from pest control London to sort out the issue of pests. People with a phobia who are not successful in getting rid of pests sell their home and move to another place.

People do not feel safe and secure in their own homes due to the presence of rodents. Skin conditions are also related to the rodents, such as allergies from the hair of rodents. This problem needs a permanent solution, but how to get rid of mice is the question that comes to our mind. Children face asthma due to rodents, but we ignore this possibility and focus on cleanliness without thinking that controlling pests is also cleanliness.

If you live in the building and notice the presence of a mouse, do not afraid to call help. You must tell the authorities but before telling them aware of your neighbors. All of you together can conclude. By doing this, you are less prone to any bigger loss. The territory of mice is almost 10-12 meters. So, if your neighbors face mice problems, you will also face this because your house comes in mice' territory. People who reside in London face rodent issues having terrace because there are pipes.

So, in a community, if one house has rodents' presence, others might too. All of the houses should check for any droppings in their kitchen. This must serve as a common goal. You should also go for the sewerage system, or search for the common ground where the waste of all the houses accumulates. For people who reside on the upper floors, mice go from the lower floors because they do not fly. The common root of their spread can be pipes, holes, or sewerage pipes. One floor cannot control this problem, the notice of the building or the management is necessary.

So, we are at the final verdict of the health versus the control of the pest. If there are any rodents around, the area is prone to infestations. As every problem has a solution, this has too. If you hear about the rodents, think about the control before they get into your house. Block all the ways from where they can get an entrance. Look for all the exposed areas and start blocking the access points. After this, contact a pest control authority.



Charlie Wilson